

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	FISH PIE & PARSLEY SAUCE EYC 71	TOMATO & VEGETABLE PASTA BAKE EK 105	SATAY CHICKEN & RICE AK 93	JACKET POTATO WITH BEANS & CHEESE	MAC & CHEESE & GARLIC BREAD EY 93
VEGAN OPTION	VEGEATABLE PIE & PARSLEY SAUCE	-	SATAY VEGETABLES & RICE AK 93	JACKET POTATO & BEANS	VEGAN CREAM CHEESE PASTA
PUDDING	NATURAL YOGHURT & GRANOLA	FRUIT SCONE WCB 96	NATURAL YOGHURT	CINNAMON & DATE ROLYS EK 145	RICE PUDDING EY 113
TEA	PIZZA	STUFFED PITTAS	TOMATO SOUP & TOAST	BROCOLLI & CAULIFLOWER CHEESE EY 84	VEGETABLE RICE
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	LASAGNE AK 56	CHICKEN & LEEK PIE WITH MASH, PEAS & GRAVY H 23	VEGETABLE STEW EY 88	GREEN LENTIL CURRY PAPER	SARDINE BOLOGNESE & GARLIC BREAD EYC 79
VEGAN OPTION	VEGETABLE LASAGNE EY 92	TOMATO & LEEK PIE, MASH, PEAS & GRAVY H 23	-	-	VEGETABLE BOLOGNESE EYC 79
PUDDING	COURGETTE & RAISIN MUFFINS AK 41	NATURAL YOGHURT & GRANOLA	APPLE & CINNAMON CRUMBLE & CUSTARD AK 151	NATURAL YOGHURT	PEANUT BUTTER KRISPIE BALLS AK 180
TEA	BEANS ON TOAST	SANDWICHES	FILLED PITTAS	PIZZA	WRAPS
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	SAUSAGE CASSEROLE & DUMPLINGS EY 60	SPAGHETTI PRIMIVERA & GARLIC BREAD AK 142	FISH CAKES, BEANS AND WEDGES EY 77	SWEET POTATO JACKETS & HOMEMADE COLESLAW	SWEET & SOUR PORK & RICE GF 112
VEGAN OPTION	VEGAN SAUSAGE CASSEROLE EY 60	-	VEGETABLE CAKE, BEANS & WEDGES EY 77	-	SWEET & SOUR VEGETABLE & RICE GF 112
PUDDING	APPLE SCONES EY 156	JELLY	NATURAL YOGHURT & GRANOLA	RICE PUDDING EY 113	NATURAL YOGHURT
TEA	MAC & CHEESE EY 93	PIZZA	CRUMPETS	PESTO PASTA	BEANS ON TOAST
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	CHEESE & ONION QUICHE WITH NEW POTATOES PAPER	SALMON LASAGNE EK 163	CHILLI & RICE AK 120	BROCOLLI & CAULIFLOWER CHEESE EY 84	FISH FINGERS, MASH & BEANS
VEGAN OPTION	VEG & NEW POTATOES	VEGETABLE LASAGNE EY 92	VEGETABLE CHILLI & RICE AK 120	BROCOLLI & CAULIFLOWER VEGAN CHEESE SAUCE EY 84	VEG, MASH & BEANS
PUDDING	NATURAL YOGHURT	MIXED BERRY CRUMBLE & CUSTARD AK 151	CARROT CAKE WCB 22	NATURAL YOGHURT & GRANOLA	SHORTBREAD WCB 140
TEA	PIZZA	TOMATO SOUP & TOAST	PASTA & CHEESE	SAUSAGE ROLLS & BEANS	SARDINES ON TOAST
WEEK 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	SHEPHERDS PIE & BROCOLLI PAPER	VEGETABLE CURRY & RICE EY 87	TOAD IN THE HOLE, MASH, VEG & GRAVY EY 65	TUNA & CHEESE PASTA BAKE EY 73	BUTTERNUT SQUASH SOUP & CRUSTY BREAD PAPER
VEGAN OPTION	VEGETABLE PIE & BROCOLLI BF	-	VEGAN SAUSAGE, MASH, VEG & GRAVY EY 65	TOMATO & VEGETABLE PASTA BAKE EY 73	-
PUDDING	APPLE & CRANBERRY BISCUITS EK 175	NATURAL YOGHURT	BREAD & BUTTER PUDDING WITH CUSTARD PAPER	JELLY	NATURAL YOGHURT & GRANOLA
TEA	MINI SAUSAGES & BEANS	CRUMPETS	PIZZA	CHEESE, HAM & LEEK MUFFINS PAPER	CHEESE ON TOAST

